



A SPIRITUAL GUIDE TO FINDING GOD AROUND US

Consecration Waypoint

The term “consecration” refers to the act of dedicating oneself to a specific purpose or intention. To “consecrate” yourself means to wholly dedicate yourself to something of greatest importance.

Step 1. Travel to your **Consecration** destination

Colorado Lagoon Nature Walk
5119 East Colorado Street
Long Beach 90803

Plentiful free parking on site. Colorado Lagoon sits among a 23-acre nature park in East Long Beach and features the Colorado Lagoon Loop, a 1 mile trail that is family and dog-friendly. The coastal salt marsh borders the salt water lagoon and provides a welcome habitat for birds, a variety of sea life and coastal plant life. It's a great spot for hiking, picnicking and in warm weather, a swim in the lagoon.

Step 2. Read out loud the **purpose** of your visit to this station:

We come to understand the act of consecration - the act of making something sacred; the act of dedication and giving ourselves over.

The meaning of consecration is to become a sacrifice - the thing that is offered which is entirely for God. The purpose of consecration, therefore, is to be used by God, to work for God.

Step 3. Read the **scripture** associated with this station.

The importance of being consecrated or pure in our relationship with God is emphasized in an incident in the book of Joshua. After forty years in the wilderness, the children of Israel were about to cross over the Jordan River into the Promised Land. They were then given a command and a promise:

“Joshua told the people, ‘Consecrate yourselves, for tomorrow the LORD will do amazing things among you.’” Joshua 3:5.

Step 4. **Activity**

Set me apart.

Just as the Colorado Lagoon is set apart the bustling city as a haven, a refuge and place of protected quietude, so God wants us to be set apart and sanctified for his purpose.

As you wander the paths along the water, consider the prayer that Jesus gave for his disciples and understand that you too, are set apart and consecrated for God's work.

“Sanctify them by the truth; your word is truth. As you sent me into the world, I have sent them into the world. For them I sanctify myself, that they too may be truly sanctified.”
John 17:17-19.

Step 5. **Photo Op**

Colorado Lagoon is a nature preserve with scenic trails and nature in abundance. Look especially for signs of birds and wildlife, the unique fauna of the wetland areas and the underwater life of the saltwater lagoon. Remember your visit with selfies and commemorative photos of this idyllic spot.

Send a photo or two to bayshorechurch@bayshorechurch.org or post on social media with the hashtag: **#bayshorechurch**



Step 6. **Prayer**

John Wesley wrote a prayer of consecration that has inspired many hearts to be strangely warmed by the love of God being manifest to them:

O Lord, may nothing dwell in my soul
But your pure love alone.
Till my every thought, word, and act be love.
Yes Lord, may your love possess me whole;
You're my joy, my treasure, my crown!

O Spirit of God, warm our hearts with the love of God and of Christ that we might give our best to worship and serve you today and everyday. Amen.